

## TO PREVENT OLD AGE COMING TOO SOON!

"Toxic poisons in the blood are drawn out by the kidneys. The kidneys act as filters for such poisons. If we wish to prevent old age coming too soon and increase our chances for a long life, we should drink plenty of pure water and take a little Anuric," says the famous Dr. Pierce of Buffalo, N. Y.

When suffering from backache, frequent or scanty urine, rheumatic pains here or there, or that constant tired, worn-out feeling, the simple way to overcome these disorders is merely to obtain a little Anuric from your nearest druggist and you will quickly notice the grand results. You will find it thirty-seven times more potent than lithia, and that it dissolves uric acid as hot water does sugar.

### Pointing a Distinction.

"When you told me you would get me that office, I considered it a promise."

"No assurance of that kind," replied Senator Sorghum, "can be considered a promise. It is merely a prophecy."

## Ask for and Get SKINNER'S THE HIGHEST QUALITY MACARONI

36 Page Recipe Book Free  
SKINNER MFG. CO., OMAHA, U.S.A.  
LARGEST MACARONI FACTORY IN AMERICA.

## DEFIANCE STARCH

is constantly growing in favor because it does not stick to the iron and it will not injure the finest fabric. For laundry purposes it has no equal. 16 oz. package 10c. 1/2 more starch for same money. DEFIANCE STARCH CO., Omaha, Nebraska

**MUST SELL** to settle estate, 128, level, one mile from town, 100 cultivated, 8 timber, 20 pasture, plenty fruit, \$4,000 for equity. 360 acres improved, 150 cultivated, balance timber and pasture \$25.00 per acre. Geo. Brooker, Flemington, Mo., Folk Co.



Honest! You don't need a cocktail. What your stomach needs is a supply of **GREEN'S AUGUST FLOWER** and carry off the miserable stuff in their bowels—it stops nervousness and headache, makes you feel like a new man. Stop toward the drug store and try it. It will put new life into you. I know from experience.—Remember the name

## Green's August Flower

Most men think they need a cocktail or a drink when their stomach is out of order and they "feel bad" with nervous indigestion, or constipation. What they really do need is two or three doses of "AUGUST FLOWER" which quickly restores the stomach, cleansing the whole system generally.

## Like A Boy at 50 Bubbling Over With Vitality—Taking Iron Did It

Doctor says Nuxated Iron is greatest of all strength builders—Often increases the strength and endurance of delicate, nervous folks 200 per cent. in two weeks time.

NEW YORK, N. Y.—Not long ago a man came to me who was nearly half a century old and asked me to give him a preliminary examination for life insurance. I was astonished to find him with the blood pressure of a boy of 20 and as full of vigor, vim and vitality as a young man; in fact a young man he really was notwithstanding his age. The secret he said was taking iron—nuxated iron had filled him with renewed life. At 30 he was in bad health; at 46 careworn and nearly all in. Now at 50 a miracle of vitality and his face beaming with the buoyancy of youth. As I have said a hundred times over, iron is the greatest of all strength builders. If people would only throw away patent medicines and nauseous concoctions and take simple nuxated iron, I am convinced that the lives of thousands of persons might be saved, who now die every year from pneumonia, grippe, consumption, kidney, liver and heart trouble, etc. The real and true cause which started their diseases was nothing more nor less than a weakened condition brought on by lack of iron in the blood. Iron is absolutely necessary to enable your blood to change food into living tissue. Without it, no matter how much or what you eat, your food merely passes through you without doing you any good. You don't get the strength out of it and as a consequence you become weak, pale and sickly looking just like a plant trying to grow in a soil deficient in iron. If you are not strong or well you owe it to yourself to make the following test: See how long you can work or how far you can walk without becoming tired. Next take two five-grain tablets of ordinary nuxated iron three times per

day after meals for two weeks. Then test your strength again and see for yourself how much you have gained. I have seen dozens of nervous, run-down people who were ailing all the while, double their strength and endurance and entirely get rid of all symptoms of dyspepsia, liver and other troubles in from ten to fourteen days' time simply by taking iron in the proper form. And this after they had in some cases been doctoring for months without obtaining any benefit. But don't take the old forms of reduced iron, iron acetate or tincture of iron simply to save a few cents. You must take iron in a form that can be easily absorbed and assimilated like nuxated iron if you want it to do you any good, otherwise it may prove worse than useless. Many an athlete or prize-fighter has won the day simply because he knew the secret of great strength and endurance and filled his blood with iron before he went into the affray, while many another has gone down to inglorious defeat simply for lack of iron.—E. Sauer, M. D.

NOTE.—Nuxated Iron, recommended above by Dr. Sauer is not a patent medicine nor secret remedy, but one which is well known to druggists and whose iron constituents are widely prescribed by eminent physicians everywhere. Unlike the older inorganic iron products, it is easily assimilated, does not injure the teeth, make them black, nor upset the stomach; on the contrary it is a most potent remedy in nearly all forms of indigestion, as well as for nervous, rundown conditions. The manufacturers have such great confidence in Nuxated Iron that they offer to forfeit \$100.00 to any charitable institution if they cannot take any man or woman under 50 who lacks iron and increase their strength 200 per cent. or over in four weeks' time, provided they have no serious organic trouble. They also offer to refund your money if it does not at least double your strength and endurance in ten days' time. It is dispensed by most druggists. If your druggist or general store is without a supply, ask them to get it for you.—Adv.

## A KANSAS WOMAN

Flush, Kans.—"I surely advise any woman who is sick to try Dr. Pierce's Favorite Prescription. I was sick for six months, had three different doctors, even went under an operation and then was not any better, only worse in some respects. I felt as if I would go crazy, had so much pain in my head and back, up my spinal column. I could not sleep without sleeping powders, and could not eat but what I would bloat up and be in pain. I began taking the 'Prescription' and in just a few days could see quite an improvement. Then I got the 'Golden Medical Discovery' and took them both as directed on the bottles and now I am feeling like myself again. I am fatter than I ever was, weigh 130 lbs., while I only weighed 93 lbs. last spring. I feel sure if I had only taken Dr. Pierce's medicines last spring when I first took sick I would never have needed the operation." — MRS. CHARLIE BARR.—Adv.

### Drawing the Line.

"Why don't you take up aviation instead of motoring?"

"I can't see the advantage," replied Mr. Chuggins. "An accident is bad enough as it is. I don't want a vehicle that'll put me in the hospital every time it goes to the repair shop."

### A Substitute.

"Do you enjoy a problem play?" "Sometimes," replied Miss Cayenne. "It's the only way I know of to talk scandal without harming somebody who actually exists."

### Important to Mothers

Examine carefully every bottle of CASTORIA, that famous old remedy for infants and children, and see that it

Fears the Signature of *Chas. H. Fletcher* In Use for Over 30 Years. Children Cry for Fletcher's Castoria

### Moth Traps.

An acetylene gaslight, placed in a large glass globe, attracts thousands of cutworm moths, which have proved so destructive to the best ranches of southern California. A pan of oil is set below the globe, and into the pan as many as several thousand moths will often fall in a single night.

The Quinine That Does Not Affect The Head Because of its tonic and laxative effect, Quinine can be taken by anyone without causing nervousness or ringing in the head. There is only one "Bromo Quinine," B. W. GROVE'S signature is on each box. 25c.

### Confusing.

"What I want to know," said the puzzled student of politics, "is whether or not the women voters defeated Mr. Seeker." "Don't ask me," answered Mr. Twobble. "My wife is a suffragist and her analysis of the vote is so complicated that I sometimes forget who really won."

Wash day is smile day if you use Red Cross Ball Blue, American made, therefore the best made. Adv.

### Two Kinds.

"We had shortcake for breakfast." "So had we. It was so short it wouldn't go around."

## MISSOURI TEACHERS TALK WITH GARDNER

CONFERENCE DEVELOPS THAT  
STATE OWES EDUCATORS  
OVER \$600,000.

## GOVERNOR EXPLAINS PLANS

Various Methods Suggested of Raising Additional Revenue Whereby Institutions May Get Proper Aid From Commonwealth.

### Jefferson City.

The heads of Missouri's chief state institutions of higher education, in a conference with Governor-elect Gardner presented figures showing that the state would owe these institutions, on Jan. 1, a total of \$663,000.

Gardner said this, together with shortages in other directions, would leave the state, on Jan. 1, \$2,000,000 behind in the payment of its approved obligations. He and the educators then discussed means of raising added revenue to make up the present deficiency and provide for the future.

Gardner then told of plans which had been suggested by him previously for providing revenue, and which he was inclined to favor, and spoke first of the proposal to increase the collateral inheritance tax from 5 to 7 1/2 per cent, and to impose a tax of 2 or 3 per cent on all inheritances.

President Hill of the state university spoke in favor of making these graduated taxes, the tax on large inheritances being at a heavier rate than on small ones. Gardner said the state supreme court had held a graduated tax unconstitutional, and that it would be useless to waste time in further tests. Dr. Hill said a 2 per cent tax on general inheritances would yield about \$1,000,000 a year.

Gardner said he would ask the legislature for a 3 per cent tax and would then accept a reduction to 2 per cent if necessary.

Gardner then suggested a corporation tax on gross receipts as a means of raising another \$1,000,000 a year. "But we need \$4,000,000," he said, and he then talked of other tax proposals, including theaters, picture shows, pool halls, tobacco, an increase in saloon license charges, a state poll tax on all voters and an increase in the tax on oil from 12 to 25 cents a barrel.

He spoke in favor of a mortgage record tax, which, he said, would net the state \$350,000 a year.

He said that of the present state revenue of \$5,600,000 a year, education requires \$3,000,000, and that the remaining \$2,600,000 is not enough for the other needs of the state. He read figures to show that the per capita tax in Missouri was lower than in most other states.

### To Avoid Hills.

Word comes from Montgomery county that the county court has solved the Mineola hill problem on the state highway. It is announced that a change has been made in the route of the state highway leading from Kansas City to St. Louis, through this hill stretch of road, so that when completed the cross-state traveler will not have to ascend these hills. The new right-of-way was finally secured by a compromise, it is said.

### County Road Suits.

The recent bond issue of \$3,000,000 for good roads in St. Louis county is being put to the acid test in the supreme court. There are ten incorporated towns in the county and they are responsible for one-half of the bond issue, but according to a ruling of the court, not a cent of the money from the sale of bonds can be used inside these towns. This constitutes, in the opinion of certain protestants, taxation without representation, and hence the suit.

### Lumpkin on Police Board.

Gov. Major has appointed John F. Lumpkin police commissioner of Kansas City, to take the place of Col. Fred A. Lamb, for a period expiring March 9, 1917. The governor said Col. Lamb had requested him to accept Lamb's resignation, as the duties of the office were interfering seriously with his private business. Both men are colonels on the governor's staff.

### Prison Plants Urged.

The officials of the state might await with profit the outcome of a bill in congress relating to the building of factories in the various federal prisons. Our people seem opposed to the manufacture by felons of any product in competition with free labor, but the Washington authorities recommend textile and furniture factories. A commission is looking into the need of employment for convicts.

## HAPPENINGS of the week IN MISSOURI

Two white men tied Miss Lillian Schultz, 17 years old, to a chair in the home of S. F. Schultz, a Hannibal furniture dealer, the other afternoon and while one held a gun in the girl's face, his companion searched the house. They took a few small articles. The girl placed a butcher knife between a drawer and the top of the table and cut herself loose.

H. C. Irish of St. Louis was re-elected president of the Missouri Horticultural Society at the close of its fifty-ninth annual meeting at Kansas City. Other officers elected were: E. H. Favor, St. Joseph, and E. L. Beal, Republic, vice presidents; H. S. Wayman, Princeton, secretary; Daniel Lowmiller, Parkville, treasurer.

A Council Bluffs, Ia., syndicate has purchased the Joseph Michenor ranch of 3,040 acres near Nevada. The exact sale price was not given out, but it is said to have been close to \$250,000. The ranch is used largely for grazing purposes.

Dr. E. H. Bullock of Edina has been appointed superintendent of state hospital for the insane No. 2, located at St. Joseph. He will take charge January 1. Dr. W. L. Whittington, the present superintendent, will remain a member of the medical staff.

Mrs. Maria Lawrence Golladay, an active temperance worker and prominent in the Woman's Christian Temperance Union, is dead at her home in Holden. She came to Holden in 1888.

Chillicothe's last saloon closed its doors recently and that city again entered into the dry column for another four years following four years of high licensed saloon.

Roy Stamper, 9 years old, was run over by his father's motor truck at Centralia recently and died a few hours later.

Charles W. Shelton of Macon has been appointed receiver for the Macon Times-Democrat, the oldest paper in the county. The Irvin Paper Company of Quincy, Ill., and the Home Coal Company of Macon are among the creditors.

Nathan Gibson, an aged bachelor, was killed when his team ran away near Neosho the other afternoon.

The Cass County Automobile and Good Roads Club, an auxiliary of the Missouri State Motor Association, was organized at Harrisonville recently. Frank Foster was elected president and Del K. Hall secretary.

Boyd M. Rowland, 90 years old, was killed by a Frisco train at a crossing at Norwood, east of Springfield, recently. He was deaf. He was the father of R. A. Rowland, former county treasurer there.

University of Missouri students, overjoyed by a football victory over the University of Kansas, bombarded a Columbia theater with eggs at 50 cents a dozen. "What d'ye we care?" they cried, "Kansas is paying." The students were beaten off in their attempt to storm their way to the playhouse interior, but the lobby looked like a futurist mural decoration. The walls were of a sickly yellow and the odor—well, all of the eggs were not of the 50-cent variety.

Fire of unknown origin caused \$30,000 damage to four buildings on the town square at Neosho the other morning. The theater was destroyed.

With the death at Excelsior Springs of James W. Cones, 74 years old, there are left just twelve men who lived there in 1882, when Mr. Cones came there. The town then was only a year old.

The Excelsior brewery of St. Louis will close on January 1 on account of the progress of prohibition. Paul Schaus, manager, said that the brewery, which was founded more than fifty years ago by Julius Winkelmeier, had made little money in the last two years and will be closed because prohibition "is inevitable and will come in six or eight years." The brewery occupies property valued at \$1,000,000 and is owned by the St. Louis Brewing Association, of which the Excelsior is a member. The plant, which was built when there was no refrigeration, has great cellars forty-six feet below the street level.

Alden M. Ramsayer, 58, born in Ohio, is dead four miles southwest of Lamonte. His widow and five children survive. He had resided in Pettis county fifty-four years.

## A Mother's Burden

A mother who suffers kidney trouble, finds it hard to keep up her daily work. Lameness, backache, sharp pains when stooping and "blue", nervous or dizzy spells, make home life dreary. Active kidneys bring back vigor, health and a pleasure in family duties. If the kidneys are weak try a box of Doan's Kidney Pills.

### A Missouri Case

Mrs. T. A. Emerson, Osceola, Mo., says: "For years I was troubled with a dull, heavy ache in the small of my back. I couldn't rest well and my back was sore and lame and I was extremely nervous. I was subject to headaches and dizzy spells, too, and my kidneys didn't do their work as they should. Doan's Kidney Pills cured me and I have had no further need of a kidney medicine for several years."

Get Doan's at Any Store, 50c a Box  
**DOAN'S KIDNEY PILLS**  
FOSTER-MILBURN CO., BUFFALO, N. Y.

## DRIVE PAIN AWAY!

With Hunt's Lightning Oil. Rheumatism, neuralgia, sore muscles, headaches, cuts, burns and bruises vanish as if by magic when Lightning Oil is applied to affected parts. No other liniment brings such quick and soothing relief. Get a bottle of this valuable home remedy today. Druggists sell it at 50 cents the bottle, or the A. B. RICHARDS MEDICINE CO., Dept. Z, Sherman, Texas, will send it on receipt of price.

## LAD WHO STIRRED A NATION

Oliver Wendell Holmes, at the Age of Twenty-One, Successfully Changed a Government Policy.

Old Ironsides is such a cherished national treasure now that it seems incredible that it was once proposed, in all seriousness, to tear it to pieces for what little of value could be gotten out of the material. Holmes was a law student at Harvard at the time, says the Boston Post. He was only a month more than twenty-one years old. He wrote his immortal poem with a lead pencil on a stray scrap of paper, yet it has been said:

"This probably is the only way in which a government policy was changed by the verses of a college student."

Originally Old Ironsides was one of four sister frigates—the Constitution, the Constellation, the United States and the President. Of the other three, alas! only memories remain. The Constellation was broken up, as they intended to break up Old Ironsides. One of the others rotted away at a British dock and the fourth was lost at sea.

### Dress in Primitive Style.

The Coneho, Shippo, Cocoomo and Yahua tribes of Amazon Indians are still wearing clothes of grass.

### Two Rights Common to All.

Of course, you not only have a right to your opinion, but you also have a right to keep it to yourself.

And true charity grasps the hand without a thought of the glove.



## Childish Craving

—for something sweet finds pleasant realization in the pure, wholesome, wheat and barley food

## Grape-Nuts

No danger of upsetting the stomach—and remember, Grape-Nuts is a true food, good for any meal or between meals.

"There's a Reason"